



# ***Ski Racing in the UK***

## ***Beginners Basic Information***



# *At The Club*

- Training
  - Saturday morning 8.30 – 10.15
  - Monday evening 6.30 – 8.00 (invite only)
- Blue Ribbon
  - Takes place first Saturday of the month
  - Timed race down the same course to see improvements
- Skier of the Month
  - Awarded at the end of the Blue Ribbon
  - Awarded by the coaching team
- Website and email list
  - [www.suffolksvikings.org.uk](http://www.suffolksvikings.org.uk) and receive emails from club members
- Annual Awards at the Presentation evening in November
- Costs
  - Annual membership fee
  - £7.50 per training session



# *Regional Races*

- ERSA – Eastern Region Snowsports Association
  - Vikings is a member of this region
  - Other members are Norfolk, Brentwood, Tallington, Welwyn Garden City, Bassingbourn, Hemel Hempstead, Milton Keynes
- An excellent introduction to racing and we encourage full attendance
- Entry criteria – member of one of the above mentioned clubs
- Costs - £9 outdoor races £15 indoor races
- How to enter – with Race Manager Lesley Yeung
- What happens?
  - 3 runs down the same course best two to count
  - Awards for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> in various age group
  - Team events in the afternoon, including the Rainbow event



# ***Regional Race Dates***

- Sunday 13<sup>th</sup> June - Hemel Hempstead
- Sunday 20<sup>th</sup> June - Suffolk Vikings
- Sunday 11<sup>th</sup> July - Norfolk
- Sunday 18<sup>th</sup> July - Tallington
- Sunday 12<sup>th</sup> September – Brentwood
- Sunday 26<sup>th</sup> September – Bassingbourn
- Sunday 3<sup>rd</sup> October – Welwyn Garden City
- Sunday 17<sup>th</sup> October – ERSA Champs Norfolk
  
- 2010 calendar <http://www.ersa.co.uk/Cal/cal10.htm>



# *Club National*

- Next step up from the regional events run on behalf of SnowSport England by the clubs and introduction to national racing
- Take place during the summer around the country, around 10 – 12 races
- Up to £17 per race and £20 indoor snow race
- Calendar [http://www.skizog.co.uk/all\\_club\\_nationals](http://www.skizog.co.uk/all_club_nationals)
- What happens?
  - 3 runs down the same course, best of two times
  - 3<sup>rd</sup> run MUST count and either of the first two
- Open to racers registered with SnowSport England, Wales or Scotland
- Enter online <https://www.freestyleweb.co.uk/compentry/index.asp>
- How different from ERSA?
  - No team events
  - You must get your third run in to count



# ***Club National Dates***

- Saturday 17<sup>th</sup> April – Bromley
- Sunday 18<sup>th</sup> April – Hemel (Indoor)
- Saturday 1<sup>st</sup> May – Norfolk
- Saturday 15<sup>th</sup> May – Stoke
- Sunday 16<sup>th</sup> May – Midlands (at Stoke)
- Saturday 29<sup>th</sup> May – Pendle
- Sunday 6<sup>th</sup> June – Ipswich
- Sunday 13<sup>th</sup> June – Southampton
- Saturday 19<sup>th</sup> June – Telford (at Manchester indoor)
- Saturday 26<sup>th</sup> June – Gloucester
- Saturday 17<sup>th</sup> July – Sunderland
- Sunday 1<sup>st</sup> August - Southampton
- Calendar [http://www.skizog.co.uk/all\\_club\\_nationals](http://www.skizog.co.uk/all_club_nationals)



## ***What Else Available***

- For Vikings the focus is initially the ERSA races and introduction to some Club Nationals
- If you want more racing and to see what else exists continue



# *Grand Prix*

- A race series run around the country next step up from Club Nationals, 5 races in 2010 combining outdoor and indoor.
- It is a series with prizes at the end based on points gained from each race
- Costs £17 per race and £20 indoor snow race
- Calendar [http://www.skizog.co.uk/all\\_grand\\_prix](http://www.skizog.co.uk/all_grand_prix)
- Enter online <https://www.freestyleweb.co.uk/compentry/index.asp>
- What happens?
  - 2 runs down different courses, both times to count
- Open to racers registered with SnowSport England , Wales or Scotland and BARTS points less than 300 (see later for more information on points)
- How different from ERSA?
  - No team events
  - You must get both your runs in



# *Celtic Cup*

- A race series run by SnowSport Wales around the country similar to SSE Grand Prix.
- It is a series with prizes at the end based on points gained from each race
- Costs £17 per race
- Calendar [http://www.skizog.co.uk/all\\_celtic\\_cups](http://www.skizog.co.uk/all_celtic_cups)
- Enter online <https://www.freestyleweb.co.uk/compenry/index.asp>
- What happens?
  - 2 runs down different courses
  - Both times to count
- Open to racers registered with SnowSport England , Wales or Scotland
- How different from ERSA?
  - No team events
  - You must get both your runs in



# Championships

- During the year various championships take place throughout the country
- Costs £17 per race and £20 indoor snow race (TBC)
- Calendar [http://www.skizog.co.uk/all\\_national\\_champs](http://www.skizog.co.uk/all_national_champs)
- Enter online <https://www.freestyleweb.co.uk/compentry/index.asp>
- What happens?
  - 2 runs down different courses
  - Both times to count
- Open to racers registered with SnowSport England , Wales or Scotland and BARTS points less than 300 (see later for more information on points)
- How different from ERSA?
  - No team events
  - You must get both your runs in
  - Harder courses



# ***British Indoor Series***

- Often referred to as the Graham Beck races, an alternative set of indoor races held throughout the country, not organised by any governing body
- No official points gained from them they have their own points system
- It is a series with prizes at the end based on points gained from each race
- Costs £21
- Calendar [http://www.skizog.co.uk/all\\_british\\_indoor](http://www.skizog.co.uk/all_british_indoor)
- Enter online  
[http://www.britishindoorgrandprixseries.org.uk/race\\_entry.php](http://www.britishindoorgrandprixseries.org.uk/race_entry.php)
- Open to all racers
- Well run races but not sanctioned by SSE



# Calendar

- ERSA regional results published here <http://www.ersa.co.uk/Cal/cal10.htm>
- National results and calendar officially published here <http://www.britski.org/>
- British Indoor series published here <http://www.britishindoorgrandprixseries.org.uk>
- Other places to look for Calendar information is here [http://www.skizog.co.uk/race\\_calendar](http://www.skizog.co.uk/race_calendar) this give you an easier way to view the calendar for different events.



# Points

- Each time a race is completed a set of points are calculated. They start high and as you improve drop closer to 0.
- Points exist for the following;
  - ERSA points for the regional races
  - BARTS points awarded for Club National, Grand Prix, Championships, Celtic Cup
  - BASS points for snow races
  - FIS for international points
- For more information on the points system just ask.



# *Some Final Thoughts*

- Each race is run by volunteer parents. It takes a lot of work before and after the races. During the races we need many more parents to help.
- There are lots of different jobs to be done, it is easy and no where near as difficult as some people like to make out, it's not rocket science
- So please help out at some of the races.
  
- Remember if you train at the club you are good enough to enter an ERSA race. If you take part in an ERSA race you will be fine at a Club National.
- If in doubt talk to your coach.